



Inside this issue:

Seeing Jesus in the Storm	1, 3
Haiti Trip	1
Monthly Prayer Requests	2
Announcements, Thank You's, and Community Events	2-3
UMW Update	4-5
Men's Club Meeting Minutes	6
Fall Bazaar	7
Parish Nurse Notes	8

Special Points of Interest

- November Birthdays and Anniversaries, Included with Calendar
- Puzzle and Activities, Page 9
- Sermon Series and Small Group Schedule, 10
- Monthly Meetings, Page 9
- Quotes of the Month, Page 3

Seeing Jesus in the Storm

Matthew 8:23-27

23 And when he got into the boat, his disciples followed him. 24 And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves; but he was asleep. 25 And they went and woke him, saying, "Save us, Lord; we are perishing." 26 And he said to them, "Why are you afraid, O you of little faith?" Then he rose and rebuked the winds and the sea, and there was a great calm. 27 And the men marveled, saying, "What sort of man is this, that even winds and sea obey him?"

The disciples were obedient; they followed Jesus into the boat. They thought they were safe because Jesus was with them... *And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves...* Mark 6:45 *Immediately he made his disciples get into the boat and go before him to the other side, to Bethsaida, while he dismissed the crowd. Again, His disciples get in the boat because Jesus commanded them and they were told to go to the other side. Then a storm came up. 28 And Peter answered him, "Lord, if it is you, command me to come to you on the water." 29 He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus. 30 But when he saw the wind, he was afraid, and beginning to sink*

Haiti Trip—Nov. 15-23rd

Thanks to all of you who are supporting this trip. Your prayers are needed for our entire team while we are gone.

Special thanks to individual donors, cookie bakers, buyers, and Pizza Ranch Workers. It's really a team effort.

Thanks again,
Katelyn Madigan
Sherry Scholljegerdes

Sara Groves Concert

Sara Groves, noted Christian singer will be in concert on December 6th at Owatonna Senior High School. This concert supports Beds for Kids, a charitable organization that provides beds to children in Waseca and Owatonna who have none. Call Mary Stauffer for ticket information: (507) 833-2979.

Faith Crafters and Stitchers



Faith Crafters and Stitchers will not meet in November and December. We **will begin** again **on Friday, January 10** from **9:30-11:30 a.m.** in the **Fellowship Hall**. See you then!

FAITH UNITED HELPING HANDS

This is a free program responding to the needs of the members of our Congregation. If you have need for a handy man or woman, a lift to the church, doctor appointments, errands to be run, etc., you may call a member of the Men's Club Helping Hands. We will pick you up at your doorstep and provide a return trip.

If parts or materials are needed, you will need to pay for them. We will be happy to pick them up and install them for you.

We will also do chores such as yard work, trimming, snow removal and limited lawn mowing.

A list of helpers, along with their telephone numbers, will be listed on the bulletin board.

Remember, this is a free service to members of Faith United Methodist Church.

REMEMBER OUR CHURCH & MILITARY FAMILIES IN YOUR PRAYERS...

Remember our Church Members & Friends who are less mobile and are unable to join us as often as they would like, including:

Koda Living Community, Owatonna: Elaine Flathers

Colony Court Memory & Care Suites: Ann Swenson, Rosalind Peterson, Gerri Peterson

Colony Court: Millie Groh, Ardella Draheim

Lakeshore Inn: Florence Gutknecht, Hazel Henkensiefken, Don Lohse

Latham Place: Liz Corchran

Morrow Home, Sparta, WI: Marlene Rietfort

Tower Light, St. Louis Park: Darlene Lynch

Those who also need our prayers: Jim Keller, Willie Mahler, Jerry Krause, Linda Wilson, Robert and Janette Larson, Dick Bartz



Seeing Jesus in the Storm

(Continued from page 1.)

he cried out, "Lord, save me." *Matthew 14:28-30*. Peter is commanded to come to Jesus; and He steps out of the boat and walks on the water; but the wind came on strong, and he grew afraid, and he began to sink.

In all three passages the disciples were obedient to Jesus' commands. In all three passages, when they obeyed they entered into a storm. In all three passages, they were overcome with fear. In all three passages, Jesus saved them and calmed the storm.

We, as a church, are in the middle of a great step of faith called the Healthy Church Initiative. We have stepped out of the boat! We have set sail for the other side of the lake and there has been a new sense of hope and excitement generated in our congregation because of what we have seen God doing among us. Rejoice! Be thankful and expect God to continue to partner with us as we move forward. But don't be surprised when storms, struggles and opportunities disguised as problems arise. Don't be afraid when the winds blow and it seems like we are taking on water, because Jesus is in the boat with us and He will get us through the storm and He will turn every obstacle into an opportunity.

Paul writes this to the *Romans in 8:31* "What then shall we say to these things? If God is for us, who can be against us? 32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?"

The Good News is that no matter where we are in our lives, no matter what we are facing, no matter what storm we are going through, Jesus is for us. He provides for us. He protects us. He loves us and He empowers us.

Live Freely! Live Joyfully! Live boldly!

Pastor Victor

Fellowship Treat Providers

Please label your treats. Some people are allergic to nuts and peanut butter. Thank you,

Sherry Scholljegerdes, Parish Nurse



Inspirational Quote and Verse of the Month:

"Faith is not the belief that God will do what you want. It is the belief that God will do what is right." -Max Lucado

"I can do all things through Christ who strengthens me." - Philippians 4:13

UMW Updates

United Methodist Women (UMW) unit meeting is November 18th. The meeting starts at 6:00 pm and we will have a light supper and dessert. Our devotional program will be our World Thank Offering, so don't forget we will be collecting your World Thank offering gifts which go to missions. This is an opportunity for us to respond to God's abundance of grace with spontaneous gifts of gratitude. The funds collected are used in the total program of mission carried on through the Women's Division--mission in the United States and around the world.

We will be planning our program schedule for 2014 and have our election of officers for 2014.

All women members of Faith United Methodist Church are cordially invited to the meeting. This may give you an idea of what we do and you may find it is a group you would like to join. Hope to see you there.

Guest Night: Catherine Ritch Guess was our speaker/entertainer. Catherine is a very talented lady; she is an author, composer, comedian, entertainer, inspirational/motivational speaker, teacher, musician and missionary! She not only performed during her presentation, but also entertained us with music in the fellowship hall as we had our refreshments.

Thanks to everyone that helped out with this event. It was a very successful Guest Night.



Catherine Ritch Guess

MN/UMW Annual Conference was held in Woodbury at the United Methodist Church on October 5th. Char Frankenberry, Shirley Hansen, Therese Riecke, Sherry Scholljegerdes, Mary Jane Stauffer, and Roberta Walker attended the gathering. It was great having such a good representation from Faith United Methodist Women.

Fall Bazaar will be held Saturday, November 2nd. It looks like it is going to be the biggest and best! This is a great event to get everyone ready for the holiday season. There will be gifts to buy and baked items to stick in the freezer for Thanksgiving and Christmas. It looks like there will be some great "slightly used" items too. There are always special items at the silent auction.

The delicious vegetable beef soup, fresh baked bread and tasty pies make for a great lunch. Please invite your friends for lunch.

There is a signup sheet at church for the things needed for the luncheon and the workers that are still needed. Thanks to everyone for helping out with the bazaar. The luncheon, gifts, baked items, canned food and the items people give for the silent auction make it a great bazaar, one of the best!

(Continued on page 5.)

UMW Update

(Continued from page 4.)

The Cookie Auction was held during fellowship on September 29th. To my knowledge it was the biggest and best one we ever had!! About \$410 was raised to assist Katelyn and Sherry for their mission trip to Haiti.

It appeared like everyone enjoyed the auction and had fun bidding on the cookies.

Doug Jones did such a great job again entertaining us as he auctioned off the cookies.



Cookie Auction

A big 'Thank You' to the ladies that baked the cookies! Karen Cass, Karen Ferch, Shirley Hansen, Katelyn Madigan, Marilyn Possin, Devin Stankiewicz, Sherry Scholljegerdes, Mary Jane Stauffer, Sandy Voshell.

A thank you also to the highest bidders: Edy Barber, Margaret Hasslen, Sherry Scholljegerdes, Wilda Smith, Roberta Walker, Patrice Waters, Janet Welch, Bruce and Lorraine Wick.

Directory Update

New Members:

Les and Marie Wells: 420 - 7th Ave. NW, Waseca MN, 56093 Phone: 507-835-1754

Email: lwells@hickorytech.net

Changes to directory:

Jarod and Stacy True, Phone number changed to: 507-833-3103

Jarod email: jarodtrue@hotmail.com

Stacy email: stacytrue@hotmail.com

Alicia LaMont, new address: 915 Bemidji Avenue, Bemidji, MN 56601

Jeff Hagge, new address: 4063 Mallard PL SE, Rochester, MN 55904-7816

Katelyn Madigan, new address: 908 9th Ave NW, Waseca, MN 56093

Men's Club Meeting

Men's Club Meeting was held on Thursday, October 10th, 2013 in the Fellowship Hall at Faith United Methodist Church. Members present were: Pastor Victor, Peter Fog, Les Wells, Ben Matteson, George Hagge, Wally Ruedy, Jim Barber, Clair Voshell, Bob Stephan, Roger Walker, Roger Dahnert, and Keith Smith.

A prayer was given by Pastor Victor Waters. It was Les Wells' birthday so we sang the birthday song and had birthday cake, which was very good. Jim Barber gave the devotion for the members.

A clean-up day was suggested and we will have one on November 9th, the second Saturday in October, from 8:30-Noon. Clair Voshell will tell us what needs to be done. We do have a coffee break so we aren't overworked.

Peter Fog has been working on valet services. He will have a sign-up sheet before and after service on Sunday. Roger Walker had some comments on valet and greeter services.

Men of Faith and the Men's Club will be hosting Fellowship every fourth Sunday of each month. We hope to have three men signed up for October and beyond. The sign-up sheet was passed around and October and November are taken care of. Sign-up will be posted on the bulletin board for upcoming months and next year.

Hosts for Men's Club meeting in November will be Keith Smith and Bob Hunter. The meeting will be held on November 14th in the Fellowship Hall at 6:30 p.m. Men's Club is open to all men of Faith United, so please come. We welcome you!

As Betty and I plan to go South in November, Roger Walker has consented to be our Men's Club moderator until I return.

Thank you,

Wally Ruedy

Fall Bazaar

You may bring some of your SILENT AUCTION items to the church anytime before 9:30 a.m. on Saturday. People may view items and start to bid on them. The final bidding will take place the day of the Bazaar, so be ready to make your final bid by 1 p.m. on Nov.2.!

Silent Auction items may include: woodworking, new items, theme baskets, food items, crafts, antiques or any item you wish to donate. For more information, call Shirley Burdick at 833-5182.



Fall Luncheon and Bazaar

Saturday, November 2, 2013

10:00 a.m. – 1:00 p.m.

Serving Soup, Home Baked Bread, Pie

11:00 a.m. – 1:00 p.m.

CRAFTS

COOKIE SHOP

BAKE SHOPPE

USED A BIT

SILENT AUCTION

Faith United Methodist Church

801 Fourth Avenue NE

Waseca, MN



Nurse's Notes: Watching Your Weight

It's that time of the year when we can pack on the pounds while eating all the great food, those special treats that only are around at holiday time. The days are shorter and there's a temptation to just hunker down for the winter. Bears can get away with it, but we can't because we keep eating and they don't!

So what to do? PBS had a program on not too long ago. Sorry, I didn't write down the name of the program or presenter, as I thought I'd use these recommendations for myself. Anyway, I decided you may benefit too.

10 Ways to Lose Weight

1. Don't skip meals– 3 meals a day
2. Use 10" plates instead of 12" (you'll eat 22% less)
3. Count your calories
4. Don't blame your metabolism
5. Eat more lean protein (you'll feel 18% fuller)
6. Eat soup (keeps you feeling fuller longer)
7. Eat a variety of food (no buffets)
8. Eat low fat dairy (you'll excrete more fat)
9. Exercise (burns fat with up to 24 hours after you finished)
10. Keep moving (by standing instead of sitting, you burn 10% more calories)

As far as the holiday season goes, try a taste of everything instead of a serving. Studies show that smaller portions are just as satisfying as large portions. Drink a glass of water if you think you're hungry. You may, in fact, be thirsty instead of hungry.

It all seems very logical doesn't it? But a part of our brain says, "go for it." If the decision to eat something for a few moments or minutes is delayed, another part of our brain kicks in and adds reason to what we are about to eat.

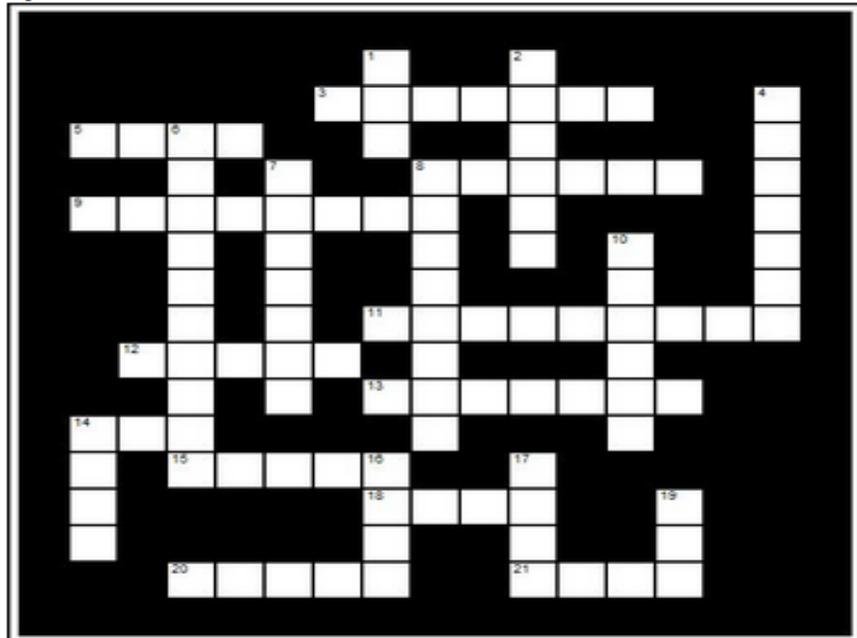
I'm wishing you a wonderful Thanksgiving season. God is Great –look at all the Blessings each of us have.

Peace and Grace

Your Parish Nurse,
Sherry Scholljegerdes, RN

Bible Knowledge

By Bill Brinkworth



Across:

- 3. David's son
- 5. promise
- 8. prophetic book
- 9. tax collector
- 11. Nehemiah
- 12. offered strange fire
- 13. stoned to death
- 14. Babylonian false god
- 15. Cain's son
- 18. 15th O. T. book
- 20. father of harp
- 21. Samson killed

Down

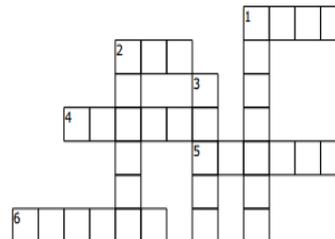
- 1. prophecy author
- 2. preserve corpse
- 4. Jesus
- 6. 1st "church"
- 7. Jeremiah's father
- 8. sin
- 10. created on 5th day
- 14. liquid measure
- 16. place of torment
- 17. O. T. king
- 19. Jacob's son

Crossword Puzzle

The Pharisee & the Tax Collector

For everyone who exalts himself will be humbled, and he who humbles himself will be exalted. Luke 18:14b (NIV)

Based on Luke 18:9-14



ACROSS

- 1. To speak to God
- 2. Money paid to support the government
- 4. Modest, not proud
- 5. Someone who steals from someone
- 6. A person who breaks God's law

DOWN

- 1. A story told by Jesus to teach his followers
- 2. A place of worship
- 3. Showing great kindness and forgiveness

TEMPLE	ROBBER	MERCY	SINNER
HUMBLE	PARABLE	TAX	PRAY

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MONTHLY MEET-UPS

Elizabeth Circle

UMW Elizabeth Circle will meet on **Wednesday, November 20**, at 3:00 p.m. in the **Lakeview Room** with Janice Kaupa hosting. Devotions will be led by Peggy Deno. Guests and visitors are welcome!

Ruth Circle

UMW Ruth Circle will meet on **Wednesday, November 20th**, at 9:30 a.m. The location is yet to be determined.

Mary Circle

UMW Mary Circle will meet on **Monday, November 18th** at 5:00 p.m. in the **Fellowship Hall**. This meeting is before the Unit Meeting on Monday. Ardella Draheim and Char Frankenberry will host the meeting and program.

Men's Club

Men's club will meet on **Thursday, November 14th** at 6:30 p.m. in the **Fellowship Hall**. Keith Smith and Bob Hunter will host.



Faith United Methodist Church

"Faith by the lake ~ and beyond!"

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Change Service Requested

**Sermon Series and Small Group Schedule based on:
"If You Want to Walk on Water, You've Got to Get out of the Boat"**

Date	Sermon Title	Small Group Session/Date
11/03	Focusing on Jesus	Good News for Cave Dwellers, 11/04-11/09
11/10	Learning to Wait	Learning to Wait on Our Great God, 11/11-11/16
11/17	How Big is Your God?	No Small Group